



EDEN

AINTREE



Eden cafe & Bistro @edenaintree
Aintree

0151 319 8202
108 Warbreck Moor | Aintree | L9 0HY
www.edencafebistro.co.uk



Nibbles

MARINATED OLIVES (VE & GF)	£3.95
HONEY & MUSTARD CHIPOLATAS	£4.95
SWEET CHILLI CHICKEN WINGS (GF)	£4.95

Starters

SOUP OF THE DAY Served with toasted bloomer (V)	£4.95
SALT & PEPPER CHICKEN STRIPS Served with salad & sweet chilli dip (GF)	£5.95
CALAMARI Served with salad & lemon mayonnaise	£6.95
CREAMY GARLIC MUSHROOMS Served on toasted bloomer (V)	£5.50
CHEESY KOFTA Spiced minced meat stuffed with cheese & served with mango chutney (GF)	£6.95
HUMMUS Chickpeas, garlic & olive oil served with pitta bread & chilli oil (VE)	£4.95
FALAFEL Served with salad & tahini sauce (VE & GF)	£4.95

Sharing Platters

NACHOS Served with salsa, sour cream, guacamole, spring onions & cheese (GF)	£10.95
CHICKEN WING PLATTER 4 hot, 4 BBQ, & 4 sweet chilli. Served with fries & dips (GF)	£18.95
MEZE PLATTER Olives, hummus, garlic ciabatta, carrot & cucumber sticks, feta cheese, sun dried tomatoes, tzatziki, dips & toasted pitta bread (V)	£18.95

Main Courses

SIRLOIN STEAK FRITES Served with flat mushroom, tomato, onion rings, salad & fries Add sauce: Peppercorn, Garlic butter or Diane £2.95	£19.95
ORIENTAL SALMON Sweet chilli & soy salmon fillet, served on a bed of sesame noodles with mushrooms, spring onion, peppers, mange tout & baby corn	£18.95
CREAMY CHICKEN Pan fried chicken, diced crispy potatoes & mangetout, served in a creamy garlic sauce (GF)	£16.95
CRISPY CHILLI BEEF NOODLES Crispy chilli beef strips, peppers, mushrooms, spring onions, sriracha, soy sauce topped with a fried egg	£17.50
FISH & CHIPS Chunky chips, mushy peas, homemade tartar sauce & charred lemon	£14.95
STUFFED BUTTERNUT SQUASH Butternut Squash served with pan-fried potatoes & Tenderstem broccoli & a rich tomato sauce (GF & VE)	£13.95

Burgers

All served in a brioche bun with fries, onion rings, coleslaw & salad

EDEN BURGER Homemade burger with cheese, tomato, lettuce, burger sauce and gherkins	£15.95
SOUTHERN FRIED CHICKEN Bread-crumbed chicken fillet with cheese, bacon, BBQ sauce, lettuce and tomato	£14.25
STUFFED MUSHROOM Field mushroom with ratatouille, breadcrumb topping & sweet chilli sauce	£11.95

Toasties & Ciabattas

All sandwiches served with salad & tortilla chips
Add fries for £1.50

B.L.T Bacon, lettuce & tomato served on toasted bloomer	£6.95
CLUB SANDWICH Chicken, bacon, lettuce, tomato & mayo served between three slices of toasted bloomer bread	£8.95
CHEESE TOASTIE	£5.95
CHEESE & HAM TOASTIE	£6.95
TUNA MELT TOASTIE	£7.95
SALT & PEPPER CHICKEN CIABATTA Chicken, peppers, onions served on ciabatta with salt & pepper mix & sweet chilli sauce	£8.25
CHEESE STEAK CIABATTA Steak, fried onions & melted cheese	£8.95
SALT & PEPPER HALLOUMI CIABATTA Halloumi, peppers, onions served on ciabatta with salt & pepper mix & sweet chilli sauce	£8.25
VEGAN CIABATTA Hummus, falafel & spinach	£7.95

Loaded Fries

SALT & PEPPER CHICKEN Chicken, peppers, onions & salt & pepper mix (GF)	£9.95
SALT & PEPPER FRIES Peppers, onions & salt & pepper mix (GF)	£6.95
FIRE FRIES Sriracha, garlic mayo, chilli flakes, cheese & spring onion (GF)	£6.95

Side Dishes

FRIES/ CHUNKY CHIPS (GF & V)	£3.50
CHIPS & DIPS Garlic mayonnaise, sweet chilli & BBQ	£5.50
GARLIC BREAD (V)	£3.95
GARLIC BREAD WITH CHEESE (V)	£4.95
ONION RINGS (V)	£3.95
HOMEMADE COLESLAW (GF & V)	£2.95

Salads

TUNA SALAD Mixed leaves, tomato, cucumber, onion, peppers, dressing & boiled egg (GF)	£9.95
CAESAR SALAD Chicken, bacon, croutons, parmesan & dressing	£9.95
VEGAN SALAD Spinach, tomatoes, cucumber, onions, peppers, avocado & dressing (GF)	£8.50